

Kayaking

Recommended Clothing List

1. Shorts (quick drying) or swimming suit
2. River tennis shoes (old that can become wet) or river sandals.
3. "T" Shirt
4. Light jacket (Pile or fleece jacket is recommended, NO COTTON SWEATSHIRTS.)
5. Hat with a retaining strap.
6. A change of dry clothing for the bus ride back.
7. Sunglasses (with a retaining strap)
8. Polypropylene gloves
9. In cool weather, a pair of pile, polypropylene, or Gore-Tex pants is recommended.